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Henderson, NV 89002

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OPTILIFT PRE-TREATMENT INSTRUCTIONS

Before an OptiLIFT treatment, you should avoid direct sun exposure and tanning beds for two weeks, and stop using products like retinol, acids, or other exfoliants for 3-5 days. Arrive at your appointment with a clean face, free of makeup and moisturizers.

Other Pre-Treatment Instructions that need re-emphasis:

Contact lenses: Remove contact lenses before your appointment and bring your glasses, as you may need them after the treatment.

Hydration: Drink plenty of water in the days leading up to your treatment.

Medical history: Inform your provider of any changes to your medical history, new medications, skin sensitivities, or if you are pregnant or nursing.

Metal implants: Notify your provider if you have any metal implants or a pacemaker.

SKIN PREPARATION

- Shave dense hair-bearing areas (primarily on males) preferably the day prior to treatment.
- The treatment area must be cleaned (with soapy water, micellar water or any non-oily facial cleanser) then dried.
- ONLY OptiLIFT Gel will be used to:
 - Keep high electrical impedance.
 - Retain the skin's water content during treatment.
 - Smooth the applicators' motion on the skin.
 - Areas with previously shaved hair should be treated with extra gel for optimal skin coupling.
- The skin should appear to have a light sheen once gel is applied.

