



25 E Horizon Ridge Pkwy. #100
Henderson, NV 89002

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OPTILIFT POST TREATMENT INSTRUCTIONS

Immediately after treatment patients may notice mild swelling (lasting up to 24 hours) and slight redness (persisting 1-3 days). These are expected responses. Prolonged symptoms may require professional medical evaluation.

Patient self-care instructions: For pronounced swelling or redness, utilize cold compresses or thermal water sprays on affected regions for symptomatic relief.

In addition to discussing expected post treatment sequelae, patients are given the following instructions:

- **Sun Protection:** Avoid direct sun exposure immediately following treatment. If exposure is unavoidable, apply broad-spectrum protection (SPF 30-50) and reapply at recommended intervals.
- **Activity Restrictions:** Refrain from activities that introduce thermal or mechanical strain to treated tissues, including hot baths, saunas, facial massages, and vigorous exercise.
- **Skin Management:**
 - **Cleansing:** Use lukewarm water with mild, non-irritating cleansers. Avoid all exfoliating agents and/or scrubbing.
 - **Product Application:** Delay application of moisturizers and cosmetics for a minimum of 24 hours post-procedure. Subsequently, use only gentle, non-comedogenic formulations and mineral-based makeup products.

We look forward to your feedback and follow up on this revolutionary dry eye treatment!

