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## **BLEPHEX INFORMED CONSENT & PROCEDURE GUIDE**

The primary reason for your treatment is the improvement of Dry Eye signs and symptoms. Your eyelid margins and eyelashes will be deeply exfoliated with a lid hygiene cleaser by using BlephEx® handpiece. BlephEx® is used to comfortably spin a medical-grade mico-sponge along the edge of your eyelids and lashes, removing biofilm and debris while exfoliating your eyelids.

#### Informed Consent:

I also understand that I should not have application done if:

- 1. My eyelids have open wounds, or signs of recent trauma
- 2. I have had eyelid or ocular surgery withinthe past month
- 3. I have an eye infection.

I also understand potential adverse effects may include eyelid/eye pain requiring discontinuation of the treatment procedure, eyelid irritation or inflammation, temporary reddening of the skin, ocular surface irritation or inflammation and ocular symptoms.

#### Before the procedure:

- 1. Be sure your eyelids are clean and free of any lotions
- 2. Do not apply eye make-up
- 3. Do not wear contact lenses

### **During the procedure:**

- 1. The procedure takes 6-8 minutes
- 2. A numbing drop is placed in each eye prior to the procedure
- 3. It will feel like a massage on your lids and you may experience a tickling sensation at times

# After the procedure:

Name:

- 1. You may be schedule for a 2-week follow-up visit
- 2. You may be instructed to maintian clean eyelids with a routine night lid hygiene regimen
- 3. Maintenance with BlephEx is required to have long-lasting results

By signing below, I am confirming that I do not have any of the above conditions and understand the potential adverse events that may occur and am voluntarily agreeing to having my eyelid margins and eyelashes cleansed using the BlephEx® device.

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